Joanne Level Map

Dallas, TX

Pole Level Mapper

NEWBIE
4 moves


Body Rolls


Dip Turn


Pirouette


Pole Walk

LOW BEGINNER
15 moves


Carousel Spin


Cradle Spin


Fan Kick

Forearm Stand


Genie


Goddess


Hollywood Spin


Jasmine


Juliet Spin


Knee Spin


Lady Seat


Rockstar Spin


Secretary Seat


Skater Spin


Upright Crucifix

HIGH BEGINNER
19 moves


Attitude Spin


Baby Snake


Back Hook


Boomerang Spin


Chair Spin


Climb


Cross Knee Layback


Fireman Spin


Front Hook


Inverted Crucifix


Martini


Reverse Grab


Scissor Seat


Side Climb


Snowflake


Stargazer


Straddle Invert


Violator


Wrist Seat

LOW INTERMEDIATE
13 moves


Aerial Straddle Invert


Air Walk

Cross Ankle Layback

Dragonfly

Embrace

Figurehead

Flatline

Hip Hold

Inside Leg Hang

Mercury

Outside Leg Hang

Reiko Split

Remi Seat

HIGH INTERMEDIATE
21 moves

Allegra

Ballerina

Bee's Knees

Butterfly

Caterpillar Climb

Chest Press Butterfly

Dove

Extended Butterfly

Foot Mount

Gemini Climb

Hang Glider

Inverted D

Jackknife

Jade

Jamilla

Leg Switch

Poisson

Shoulder Mount

Side Saddle

ADVANCED
51 moves

A-Frame

Advanced Plank

Aerial Shoulder Mount

Archer

Ayesha

Batwing

Bird of Paradise

Brass Bridge

Brass Monkey

Broken Doll

Cheeba Split

Chopsticks

Cocoon

Cupid

Dangerous Bird

Daredevil

Deathlay

Dragontail

Duchess

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
4 moves	15 moves	19 moves	13 moves	21 moves	51 moves
				 Superman	 Eagle
				 Torso Switch	 Eros
					 Flag
					 Flying K
					 Fonji
					 Gargoyle
					 Helix
					 Icarus
					 Iguana
					 Iron X
					 Jallegra
					 Janeiro
					 Knee Bocker
					 Libellula
					 Machine Gun
					 Marion Amber
					 Marley
					 Meathook
					 Phoenix

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
4 moves	15 moves	19 moves	13 moves	21 moves	51 moves


Rainbow Marchenko


Rocketman


Russian Layback


Russian Split


Seahorse


Sneaky V


Spatchcock


Starfish


Teddy


Tulip


Upright Sailboat


Vortex


Yogini