Belinda Burger Level Map

Fresno, CA

Pole Level Mapper

NEWBIE
4 moves

-  Body Rolls
-  Dip Turn
-  Pirouette
-  Pole Walk

LOW BEGINNER
13 moves

-  Carousel Spin
-  Cradle Spin
-  Fan Kick
-  Fireman Spin
-  Hollywood Spin
-  Juliet Spin
-  Knee Spin
-  Lady Seat
-  Rockstar Spin
-  Scissor Seat
-  Secretary Seat
-  Skater Spin
-  Upright Crucifix

HIGH BEGINNER
20 moves

-  Attitude Spin
-  Baby Snake
-  Back Hook
-  Boomerang Spin
-  Chair Spin
-  Climb
-  Cross Knee Layback
- Forearm Stand
-  Front Hook
-  Goddess
-  Inverted Crucifix
-  Jasmine
-  Martini
-  Remi Seat
-  Reverse Grab
-  Side Climb
-  Snowflake
-  Stargazer
-  Violator

LOW INTERMEDIATE
18 moves

-  Air Walk
-  Bee's Knees
-  Cross Ankle Layback
-  Dove
- Dragonfly
- Embrace
- Figurehead
- Genie
- Hip Hold
- Inside Leg Hang
- Jamilla
- Mercury
- Outside Leg Hang
- Reiko Split
- Side Saddle
- Straddle Invert
- Superman
- Teddy

HIGH INTERMEDIATE
26 moves

- Advanced Plank
- Aerial Straddle Invert
- Allegra
- Ballerina
- Brass Bridge
- Brass Monkey
- Butterfly
- Caterpillar Climb
- Cheeba Split
- Chest Press Butterfly
- Eros
- Extended Butterfly
- Flatline
- Foot Mount
- Gemini Climb
- Hang Glider
- Inverted D
- Jackknife
- Jade

ADVANCED
42 moves

- A-Frame
- Aerial Shoulder Mount
- Archer
- Ayesha
- Batwing
- Bird of Paradise
- Broken Doll
- Chopsticks
- Cocoon
- Cupid
- Dangerous Bird
- Daredevil
- Deathlay
- Dragontail
- Duchess
- Eagle
- Flag
- Flying K
- Fonji

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
4 moves	13 moves	20 moves	18 moves	26 moves	42 moves
		 Wrist Seat		 Leg Switch  Machine Gun  Marion Amber  Shoulder Mount  Sneaky V  Torso Switch  Vortex	 Gargoyle  Helix  Icarus  Iguana  Iron X  Jallegra  Janeiro  Knee Bocker  Libellula  Marley  Meathook  Phoenix  Poisson  Rainbow Marchenko  Rocketman  Russian Layback  Russian Split  Seahorse  Spatchcock

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
4 moves	13 moves	20 moves	18 moves	26 moves	42 moves



Starfish



Tulip



Upright Sailboat



Yogini