Flying Fox Circus Studio Level Map

Regina, SK

Pole Level Mapper

NEWBIE
4 moves


Body Rolls


Dip Turn


Pirouette


Pole Walk

LOW BEGINNER
12 moves


Attitude Spin


Back Hook


Carousel Spin


Chair Spin


Cradle Spin


Fan Kick


Fireman Spin


Front Hook


Hollywood Spin


Juliet Spin


Knee Spin


Rockstar Spin

HIGH BEGINNER
14 moves


Baby Snake


Boomerang Spin


Climb

Forearm Stand


Genie


Goddess


Inverted Crucifix


Jasmine


Lady Seat


Martini


Secretary Seat


Side Climb


Skater Spin


Upright Crucifix

LOW INTERMEDIATE
7 moves


Ballerina


Embrace


Flatline


Reiko Split


Remi Seat


Reverse Grab


Violator

HIGH INTERMEDIATE
17 moves


Butterfly


Chest Press Butterfly


Chopsticks

Cross Ankle Layback

Cross Knee Layback

Cupid

Dragonfly

Duchess

Figurehead

Foot Mount

Inside Leg Hang

Jade

Mercury

Outside Leg Hang

Snowflake

Straddle Invert

Wrist Seat

ADVANCED
69 moves

A-Frame

Advanced Plank

Aerial Shoulder Mount

Aerial Straddle Invert

Air Walk

Allegra

Archer

Ayesha

Batwing

Bee's Knees

Bird of Paradise

Brass Bridge

Brass Monkey

Broken Doll

Caterpillar Climb

Cheeba Split

Cocoon

Dangerous Bird

Daredevil

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
4 moves	12 moves	14 moves	7 moves	17 moves	69 moves


Deathlay


Dove


Dragontail


Eagle


Eros


Extended Butterfly


Flag


Flying K


Fonji


Gargoyle


Gemini Climb


Hang Glider


Helix


Hip Hold


Icarus


Iguana


Inverted D


Iron X


Jackknife

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
4 moves	12 moves	14 moves	7 moves	17 moves	69 moves


Jallegra


Jamilla


Janeiro


Knee Bocker


Leg Switch


Libellula


Machine Gun


Marion Amber


Marley


Meathook


Phoenix


Poisson


Rainbow Marchenko


Rocketman


Russian Layback


Russian Split


Scissor Seat


Seahorse


Shoulder Mount

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
4 moves	12 moves	14 moves	7 moves	17 moves	69 moves


Side Saddle


Sneaky V


Spatchcock


Starfish


Stargazer


Superman


Teddy


Torso Switch


Tulip


Upright Sailboat


Vortex


Yogini