Rebecca Bohlmann Level Map

Virginia Beach

Pole Level Mapper

NEWBIE
0 moves

LOW BEGINNER
16 moves


Body Rolls


Carousel Spin


Cradle Spin


Dip Turn


Fan Kick

Forearm Stand


Hollywood Spin


Juliet Spin


Knee Spin


Lady Seat


Pirouette


Pole Walk


Rockstar Spin


Secretary Seat


Skater Spin


Upright Crucifix

HIGH BEGINNER
9 moves


Boomerang Spin


Climb


Inverted Crucifix


Martini


Reverse Grab


Side Climb


Snowflake


Straddle Invert


Violator

LOW INTERMEDIATE
8 moves


Aerial Straddle Invert


Air Walk


Cross Ankle Layback


Embrace


Flatline


Mercury


Reiko Split


Remi Seat

HIGH INTERMEDIATE
8 moves


Allegra


Ballerina


Caterpillar Climb


Chest Press Butterfly


Foot Mount


Hang Glider


Jade

Shoulder Mount

ADVANCED
82 moves

A-Frame

Advanced Plank

Aerial Shoulder Mount

Archer

Attitude Spin

Ayesha

Baby Snake

Back Hook

Batwing

Bee's Knees

Bird of Paradise

Brass Bridge

Brass Monkey

Broken Doll

Butterfly

Chair Spin

Cheeba Split

Chopsticks

Cocoon

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
0 moves	16 moves	9 moves	8 moves	8 moves	82 moves


Cross Knee Layback


Cupid


Dangerous Bird


Daredevil


Deathlay


Dove


Dragonfly


Dragontail


Duchess


Eagle


Eros


Extended Butterfly


Figurehead


Fireman Spin


Flag


Flying K


Fonji


Front Hook


Gargoyle

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
0 moves	16 moves	9 moves	8 moves	8 moves	82 moves


Gemini Climb


Genie


Goddess


Helix


Hip Hold


Icarus


Iguana


Inside Leg Hang


Inverted D


Iron X


Jackknife


Jallegra


Jamilla


Janeiro


Jasmine


Knee Bocker


Leg Switch


Libellula

Machine Gun

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
0 moves	16 moves	9 moves	8 moves	8 moves	82 moves


Marion Amber


Marley


Meathook


Outside Leg Hang


Phoenix


Poisson


Rainbow Marchenko


Rocketman


Russian Layback


Russian Split


Scissor Seat


Seahorse


Side Saddle


Sneaky V


Spatchcock


Starfish


Stargazer


Superman


Teddy

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
0 moves	16 moves	9 moves	8 moves	8 moves	82 moves



Torso Switch



Tulip



Upright Sailboat



Vortex



Wrist Seat



Yogini