Emily Hall Level Map

Athens GA

Pole Level Mapper

NEWBIE
6 moves


Back Arch


Body Rolls


Coffin Roll


Dip Turn


Pirouette


Pole Walk

LOW BEGINNER
15 moves


Back Hook


Climb


Cradle Spin


Fan Kick


Fireman Spin

Forearm Stand


Front Hook


Hollywood Spin


Juliet Spin


Knee Spin


Lady Seat


Rockstar Spin


Secretary Seat


Skater Spin


Upright Crucifix

HIGH BEGINNER
15 moves


Attitude Spin


Baby Snake


Boomerang Spin


Carousel Spin


Chair Spin


Genie


Jasmine


Martini


Reverse Grab


Scissor Seat


Side Climb


Snowflake


Stargazer


Violator


Wrist Seat

LOW INTERMEDIATE
17 moves


Air Walk


Bee's Knees


Dove


Dragonfly

Embrace

Figurehead

Flatline

Goddess

Jamilla

Mercury

Reiko Split

Remi Seat

Side Saddle

Starfish

Superman

Upright Sailboat

Vortex

HIGH INTERMEDIATE
25 moves

Allegra

Ballerina

Caterpillar Climb

Chest Press Butterfly

Chopsticks

Cross Ankle Layback

Cross Knee Layback

Eagle

Foot Mount

Gemini Climb

Hang Glider

Hip Hold

Icarus

Inside Leg Hang

Jade

Leg Switch

Libellula

Outside Leg Hang

Rocketman

ADVANCED
47 moves

A-Frame

Advanced Plank

Aerial Shoulder Mount

Aerial Straddle Invert

Archer

Ayesha

Batwing

Bird of Paradise

Brass Bridge

Brass Monkey

Broken Doll

Butterfly

Cheeba Split

Cocoon

Cupid

Dangerous Bird

Daredevil

Deathlay

Dragontail

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
6 moves	15 moves	15 moves	17 moves	25 moves	47 moves
				 Seahorse	 Duchess
				 Shoulder Mount	 Eros
				 Spatchcock	 Extended Butterfly
				 Teddy	 Flag
				 Torso Switch	 Flying K
				 Tulip	 Fonji
					 Gargoyle
					 Helix
					 Iguana
					 Inverted Crucifix
					 Inverted D
					 Iron X
					 Jackknife
					 Jallegra
					 Janeiro
					 Knee Bocker
					 Machine Gun
					 Marion Amber
					 Marley

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
6 moves	15 moves	15 moves	17 moves	25 moves	47 moves


Meathook


Phoenix


Poisson


Rainbow Marchenko


Russian Layback


Russian Split


Sneaky V


Straddle Invert


Yogini