jasmine Level Map

Snellville, Ga

Pole Level Mapper

NEWBIE
22 moves

- Ayesha
- Baby Snake
- Brass Bridge
- Brass Monkey
- Cheeba Split
- Cross Knee Layback
- Dragonfly
- Eros
- Fan Kick
- Figurehead
- Forearm Stand
- Hip Hold
- Inside Leg Hang
- Lady Seat
- Machine Gun
- Marion Amber
- Outside Leg Hang
- Scissor Seat
- Sneaky V

LOW BEGINNER
23 moves

- Bee's Knees
- Body Rolls
- Carousel Spin
- Cradle Spin
- Dip Turn
- Dove
- Gemini Climb
- Genie
- Goddess
- Hollywood Spin
- Jamilla
- Jasmine
- Juliet Spin
- Knee Spin
- Leg Switch
- Pirouette
- Pole Walk
- Rockstar Spin
- Secretary Seat

HIGH BEGINNER
19 moves

- Attitude Spin
- Back Hook
- Boomerang Spin
- Butterfly
- Chair Spin
- Climb
- Extended Butterfly
- Fireman Spin
- Front Hook
- Inverted Crucifix
- Inverted D
- Jackknife
- Martini
- Poisson
- Reverse Grab
- Side Climb
- Snowflake
- Straddle Invert
- Violator

LOW INTERMEDIATE
8 moves

- Aerial Straddle Invert
- Air Walk
- Cross Ankle Layback
- Embrace
- Flatline
- Mercury
- Reiko Split
- Remi Seat

HIGH INTERMEDIATE
8 moves

- Allegra
- Ballerina
- Caterpillar Climb
- Chest Press Butterfly
- Foot Mount
- Hang Glider
- Jade
- Shoulder Mount

ADVANCED
43 moves

- A-Frame
- Advanced Plank
- Aerial Shoulder Mount
- Archer
- Batwing
- Bird of Paradise
- Broken Doll
- Chopsticks
- Cocoon
- Cupid
- Dangerous Bird
- Daredevil
- Deathlay
- Dragontail
- Duchess
- Eagle
- Flag
- Flying K
- Fonji

NEWBIE
22 moves


Stargazer


Upright Crucifix


Wrist Seat

LOW BEGINNER
23 moves


Side Saddle


Skater Spin


Superman


Torso Switch

HIGH BEGINNER
19 moves

LOW INTERMEDIATE
8 moves

HIGH INTERMEDIATE
8 moves

ADVANCED
43 moves


Gargoyle


Helix


Icarus


Iguana


Iron X


Jallegra


Janeiro


Knee Bocker


Libellula


Marley


Meathook


Phoenix


Rainbow Marchenko


Rocketman


Russian Layback


Russian Split


Seahorse


Spatchcock


Starfish

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
22 moves	23 moves	19 moves	8 moves	8 moves	43 moves



Teddy



Tulip



Upright Sailboat



Vortex



Yogini