Rae-Lynn Cazelot Level Map

Miami, Florida

Pole Level Mapper

NEWBIE
4 moves


Body Rolls


Dip Turn


Pirouette


Pole Walk

LOW BEGINNER
12 moves


Carousel Spin


Cradle Spin


Fan Kick

Forearm Stand


Hollywood Spin


Juliet Spin


Knee Spin


Lady Seat


Rockstar Spin


Secretary Seat


Skater Spin


Upright Crucifix

HIGH BEGINNER
22 moves


Attitude Spin


Baby Snake


Back Hook


Boomerang Spin


Chair Spin


Climb


Cross Knee Layback


Fireman Spin


Front Hook


Genie


Goddess


Inverted Crucifix


Jasmine


Martini


Reverse Grab


Scissor Seat


Side Climb


Snowflake


Stargazer

LOW INTERMEDIATE
18 moves


Aerial Straddle Invert


Air Walk


Bee's Knees


Cross Ankle Layback


Dove

Dragonfly

Embrace

Figurehead

Flatline

Hip Hold

Inside Leg Hang

Jamilla

Mercury

Outside Leg Hang

Reiko Split

Remi Seat

Side Saddle

Superman

HIGH INTERMEDIATE
16 moves

Allegra

Ballerina

Butterfly

Caterpillar Climb

Chest Press Butterfly

Extended Butterfly

Foot Mount

Gemini Climb

Hang Glider

Inverted D

Jackknife

Jade

Leg Switch

Poisson

Shoulder Mount

Torso Switch

ADVANCED
51 moves

A-Frame

Advanced Plank

Aerial Shoulder Mount

Archer

Ayesha

Batwing

Bird of Paradise

Brass Bridge

Brass Monkey

Broken Doll

Cheeba Split

Chopsticks

Cocoon

Cupid

Dangerous Bird

Daredevil

Deathlay

Dragontail

Duchess

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
4 moves	12 moves	22 moves	18 moves	16 moves	51 moves
		Straddle Invert			Eagle
		Violator			Eros
		Wrist Seat			Flag
					Flying K
					Fonji
					Gargoyle
					Helix
					Icarus
					Iguana
					Iron X
					Jallegra
					Janeiro
					Knee Bocker
					Libellula
					Machine Gun
					Marion Amber
					Marley
					Meathook
					Phoenix

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
4 moves	12 moves	22 moves	18 moves	16 moves	51 moves


Rainbow Marchenko


Rocketman


Russian Layback


Russian Split


Seahorse


Sneaky V


Spatchcock


Starfish


Teddy


Tulip


Upright Sailboat


Vortex


Yogini