Stephanie Clark Level Map

Framingham

Pole Level Mapper

NEWBIE
4 moves

- Body Rolls
- Dip Turn
- Pirouette
- Pole Walk

LOW BEGINNER
13 moves

- Attitude Spin
- Back Hook
- Ballerina
- Chair Spin
- Climb
- Fan Kick
- Fireman Spin
- Front Hook
- Hollywood Spin
- Jasmine
- Knee Spin
- Lady Seat
- Scissor Seat

HIGH BEGINNER
24 moves

- Baby Snake
- Bee's Knees
- Boomerang Spin
- Carousel Spin
- Cradle Spin
- Cross Knee Layback
- Figurehead
- Forearm Stand
- Genie
- Inside Leg Hang
- Inverted Crucifix
- Jamilla
- Juliet Spin
- Martini
- Outside Leg Hang
- Secretary Seat
- Side Climb
- Skater Spin
- Snowflake

LOW INTERMEDIATE
21 moves

- Aerial Straddle Invert
- Air Walk
- Butterfly
- Dragonfly
- Embrace
- Flatline
- Foot Mount
- Gemini Climb
- Goddess
- Hip Hold
- Inverted D
- Leg Switch
- Mercury
- Reiko Split
- Remi Seat
- Reverse Grab
- Rockstar Spin
- Side Saddle
- Superman

HIGH INTERMEDIATE
30 moves

- Advanced Plank
- Allegra
- Archer
- Ayesha
- Brass Bridge
- Brass Monkey
- Caterpillar Climb
- Chest Press Butterfly
- Chopsticks
- Cross Ankle Layback
- Cupid
- Dove
- Duchess
- Eros
- Extended Butterfly
- Hang Glider
- Helix
- Jackknife
- Jade

ADVANCED
31 moves

- A-Frame
- Aerial Shoulder Mount
- Batwing
- Bird of Paradise
- Broken Doll
- Cheeba Split
- Cocoon
- Dangerous Bird
- Daredevil
- Deathlay
- Dragontail
- Eagle
- Flag
- Flying K
- Fonji
- Gargoyle
- Icarus
- Iguana
- Iron X

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
4 moves	13 moves	24 moves	21 moves	30 moves	31 moves
		 Stargazer	 Torso Switch	 Libellula	 Jallegra
		 Straddle Invert	 Upright Sailboat	 Marion Amber	 Janeiro
		 Upright Crucifix		 Marley	 Knee Bocker
		 Violator		 Meathook	 Machine Gun
		 Wrist Seat		 Poisson	 Phoenix
				 Seahorse	 Rainbow Marchenko
				 Shoulder Mount	 Rocketman
				 Sneaky V	 Russian Layback
				 Teddy	 Russian Split
				 Tulip	 Spatchcock
				 Vortex	 Starfish
					 Yogini