# Magali D Level Map

Deland, Florida

Pole Level Mapper

## NEWBIE
0 moves

## LOW BEGINNER
19 moves

- Body Rolls
- Carousel Spin
- Cradle Spin
- Dip Turn
- Fan Kick
- Forearm Stand
- Genie
- Goddess
- Hollywood Spin
- Jasmine
- Juliet Spin
- Knee Spin
- Lady Seat
- Pirouette
- Pole Walk
- Rockstar Spin
- Secretary Seat
- Skater Spin
- Upright Crucifix

## HIGH BEGINNER
24 moves

- Attitude Spin
- Baby Snake
- Back Hook
- Boomerang Spin
- Chair Spin
- Climb
- Cross Knee Layback
- Dragonfly
- Figurehead
- Fireman Spin
- Front Hook
- Hip Hold
- Inside Leg Hang
- Inverted Crucifix
- Martini
- Outside Leg Hang
- Reverse Grab
- Scissor Seat
- Side Climb

## LOW INTERMEDIATE
25 moves

- Aerial Straddle Invert
- Air Walk
- Bee's Knees
- Brass Bridge
- Brass Monkey
- Butterfly
- Cross Ankle Layback
- Dove
- Embrace
- Eros
- Extended Butterfly
- Flatline
- Gemini Climb
- Inverted D
- Jackknife
- Jamilla
- Leg Switch
- Mercury
- Poisson

## HIGH INTERMEDIATE
8 moves

- Allegra
- Ballerina
- Caterpillar Climb
- Chest Press Butterfly
- Foot Mount
- Hang Glider
- Jade
- Shoulder Mount

## ADVANCED
47 moves

- A-Frame
- Advanced Plank
- Aerial Shoulder Mount
- Archer
- Ayesha
- Batwing
- Bird of Paradise
- Broken Doll
- Cheeba Split
- Chopsticks
- Cocoon
- Cupid
- Dangerous Bird
- Daredevil
- Deathlay
- Dragontail
- Duchess
- Eagle
- Flag

| NEWBIE | LOW BEGINNER | HIGH BEGINNER | LOW INTERMEDIATE | HIGH INTERMEDIATE | ADVANCED |
|---|---|---|---|---|---|
| 0 moves | 19 moves | 24 moves | 25 moves | 8 moves | 47 moves |
| | |  Snowflake |  Reiko Split | |  Flying K |
| | |  Stargazer |  Remi Seat | |  Fonji |
| | |  Straddle Invert |  Side Saddle | |  Gargoyle |
| | |  Violator |  Sneaky V | |  Helix |
| | |  Wrist Seat |  Superman | |  Icarus |
| | | |  Torso Switch | |  Iguana |
| | | | | |  Iron X |
| | | | | |  Jallegra |
| | | | | |  Janeiro |
| | | | | |  Knee Bocker |
| | | | | |  Libellula |
| | | | | |  Machine Gun |
| | | | | |  Marion Amber |
| | | | | |  Marley |
| | | | | |  Meathook |
| | | | | |  Phoenix |
| | | | | |  Rainbow Marchenko |
| | | | | |  Rocketman |
| | | | | |  Russian Layback |

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Russian Split


Seahorse


Spatchcock


Starfish


Teddy


Tulip


Upright Sailboat


Vortex


Yogini