Barbara Level Map

Klosterneuburg

Pole Level Mapper

NEWBIE
4 moves


Body Rolls


Dip Turn


Pirouette


Pole Walk

LOW BEGINNER
8 moves


Attitude Spin


Back Hook


Chair Spin


Fireman Spin


Front Hook


Hollywood Spin


Knee Spin


Secretary Seat

HIGH BEGINNER
19 moves


Baby Snake


Boomerang Spin


Carousel Spin


Climb


Cradle Spin


Fan Kick

Forearm Stand


Inverted Crucifix


Lady Seat


Martini


Reverse Grab


Rockstar Spin


Scissor Seat


Skater Spin


Snowflake


Straddle Invert


Upright Crucifix


Violator


Wrist Seat

LOW INTERMEDIATE
17 moves


Aerial Straddle Invert


Air Walk


Butterfly


Cross Knee Layback


Dragonfly


Embrace


Figurehead


Flatline


Inside Leg Hang

Jackknife

Juliet Spin

Outside Leg Hang

Poisson

Remi Seat

Side Climb

Side Saddle

Stargazer

HIGH INTERMEDIATE
30 moves

Ballerina

Bee's Knees

Brass Monkey

Caterpillar Climb

Chest Press Butterfly

Cross Ankle Layback

Cupid

Dove

Duchess

Eros

Extended Butterfly

Flag

Foot Mount

Gemini Climb

Genie

Goddess

Hang Glider

Hip Hold

Iguana

ADVANCED
45 moves

A-Frame

Advanced Plank

Aerial Shoulder Mount

Allegra

Archer

Ayesha

Batwing

Bird of Paradise

Brass Bridge

Broken Doll

Cheeba Split

Chopsticks

Cocoon

Dangerous Bird

Daredevil

Deathlay

Dragontail

Eagle

Flying K

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
4 moves	8 moves	19 moves	17 moves	30 moves	45 moves
				 Inverted D	 Fonji
				 Jade	 Gargoyle
				 Jamilla	 Helix
				 Jasmine	 Icarus
				 Leg Switch	 Iron X
				 Mercury	 Jallegra
				 Reiko Split	 Janeiro
				 Shoulder Mount	 Knee Bocker
				 Sneaky V	 Libellula
				 Superman	 Machine Gun
				 Torso Switch	 Marion Amber
					 Marley
					 Meathook
					 Phoenix
					 Rainbow Marchenko
					 Rocketman
					 Russian Layback
					 Russian Split
					 Seahorse

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
4 moves	8 moves	19 moves	17 moves	30 moves	45 moves



Spatchcock



Starfish



Teddy



Tulip



Upright Sailboat



Vortex



Yogini