Pauline Level Map

Paris, France (not USA)

Pole Level Mapper

NEWBIE
7 moves

- Body Rolls
- Chair Spin
- Climb
- Dip Turn
- Pirouette
- Pole Walk
- Scissor Seat

LOW BEGINNER
20 moves

- Attitude Spin
- Back Hook
- Ballerina
- Carousel Spin
- Cradle Spin
- Fan Kick
- Fireman Spin
- Front Hook
- Hollywood Spin
- Jasmine
- Juliet Spin
- Knee Spin
- Lady Seat
- Martini
- Outside Leg Hang
- Rockstar Spin
- Secretary Seat
- Skater Spin
- Stargazer

HIGH BEGINNER
22 moves

- Baby Snake
- Bee's Knees
- Boomerang Spin
- Cross Knee Layback
- Dove
- Dragonfly
- Figurehead
- Forearm Stand
- Genie
- Goddess
- Hip Hold
- Inside Leg Hang
- Inverted Crucifix
- Jamilla
- Reverse Grab
- Side Climb
- Side Saddle
- Snowflake
- Straddle Invert

LOW INTERMEDIATE
25 moves

- Advanced Plank
- Aerial Straddle Invert
- Air Walk
- Ayesha
- Brass Bridge
- Brass Monkey
- Butterfly
- Cheeba Split
- Cross Ankle Layback
- Embrace
- Eros
- Extended Butterfly
- Flatline
- Gemini Climb
- Inverted D
- Jackknife
- Leg Switch
- Machine Gun
- Marion Amber

HIGH INTERMEDIATE
13 moves

- Allegra
- Caterpillar Climb
- Chest Press Butterfly
- Cupid
- Eagle
- Foot Mount
- Gargoyle
- Hang Glider
- Jade
- Shoulder Mount
- Starfish
- Upright Sailboat
- Vortex

ADVANCED
36 moves

- A-Frame
- Aerial Shoulder Mount
- Archer
- Batwing
- Bird of Paradise
- Broken Doll
- Chopsticks
- Cocoon
- Dangerous Bird
- Daredevil
- Deathlay
- Dragontail
- Duchess
- Flag
- Flying K
- Fonji
- Helix
- Icarus
- Iguana

NEWBIE
7 moves

LOW BEGINNER
20 moves


Upright Crucifix

HIGH BEGINNER
22 moves


Superman


Violator


Wrist Seat

LOW INTERMEDIATE
25 moves


Mercury


Poisson


Reiko Split


Remi Seat


Sneaky V


Torso Switch

HIGH INTERMEDIATE
13 moves

ADVANCED
36 moves


Iron X


Jallegra


Janeiro


Knee Bocker


Libellula


Marley


Meathook


Phoenix


Rainbow Marchenko


Rocketman


Russian Layback


Russian Split


Seahorse


Spatchcock


Teddy


Tulip


Yogini