Angela Level Map

Culham

Pole Level Mapper

NEWBIE
5 moves

- Attitude Spin
- Back Hook
- Chair Spin
- Fireman Spin
- Front Hook

LOW BEGINNER
15 moves

- Body Rolls
- Carousel Spin
- Cradle Spin
- Dip Turn
- Genie
- Goddess
- Hollywood Spin
- Jasmine
- Juliet Spin
- Knee Spin
- Pirouette
- Pole Walk
- Rockstar Spin
- Secretary Seat
- Skater Spin

HIGH BEGINNER
13 moves

- Boomerang Spin
- Climb
- Fan Kick
- Forearm Stand
- Inverted Crucifix
- Lady Seat
- Martini
- Reverse Grab
- Side Climb
- Snowflake
- Straddle Invert
- Upright Crucifix
- Violator

LOW INTERMEDIATE
28 moves

- Aerial Straddle Invert
- Air Walk
- Baby Snake
- Bee's Knees
- Butterfly
- Cross Ankle Layback
- Cross Knee Layback
- Dove
- Dragonfly
- Embrace
- Extended Butterfly
- Figurehead
- Flatline
- Hip Hold
- Inside Leg Hang
- Inverted D
- Jackknife
- Jamilla
- Mercury

HIGH INTERMEDIATE
19 moves

- Allegra
- Ayesha
- Ballerina
- Brass Bridge
- Brass Monkey
- Caterpillar Climb
- Cheeba Split
- Chest Press Butterfly
- Eros
- Foot Mount
- Gemini Climb
- Hang Glider
- Jade
- Leg Switch
- Machine Gun
- Marion Amber
- Shoulder Mount
- Sneaky V
- Torso Switch

ADVANCED
43 moves

- A-Frame
- Advanced Plank
- Aerial Shoulder Mount
- Archer
- Batwing
- Bird of Paradise
- Broken Doll
- Chopsticks
- Cocoon
- Cupid
- Dangerous Bird
- Daredevil
- Deathlay
- Dragontail
- Duchess
- Eagle
- Flag
- Flying K
- Fonji

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
5 moves	15 moves	13 moves	28 moves	19 moves	43 moves
			 Outside Leg Hang		 Gargoyle
			 Poisson		 Helix
			 Reiko Split		 Icarus
			 Remi Seat		 Iguana
			 Scissor Seat		 Iron X
			 Side Saddle		 Jallegra
			 Stargazer		 Janeiro
			 Superman		 Knee Bocker
			 Wrist Seat		 Libellula
					 Marley
					 Meathook
					 Phoenix
					 Rainbow Marchenko
					 Rocketman
					 Russian Layback
					 Russian Split
					 Seahorse
					 Spatchcock
					 Starfish

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
5 moves	15 moves	13 moves	28 moves	19 moves	43 moves



Teddy



Tulip



Upright Sailboat



Vortex



Yogini