Kaisey Foltz Level Map

Kalamazoo

Pole Level Mapper

NEWBIE
4 moves

-  Body Rolls
-  Dip Turn
-  Pirouette
-  Pole Walk

LOW BEGINNER
12 moves

-  Attitude Spin
-  Back Hook
-  Chair Spin
-  Cradle Spin
-  Fireman Spin
-  Front Hook
-  Hollywood Spin
-  Juliet Spin
-  Knee Spin
-  Rockstar Spin
-  Secretary Seat
-  Skater Spin

HIGH BEGINNER
19 moves

-  Baby Snake
-  Boomerang Spin
-  Carousel Spin
-  Climb
-  Cross Knee Layback
-  Fan Kick
-  Genie
-  Goddess
-  Inverted Crucifix
-  Jasmine
-  Lady Seat
-  Martini
-  Reverse Grab
-  Scissor Seat
-  Snowflake
-  Stargazer
-  Straddle Invert
-  Upright Crucifix
-  Wrist Seat

LOW INTERMEDIATE
19 moves

-  Air Walk
-  Chopsticks
-  Dragonfly
-  Embrace
-  Figurehead
- Flatline
- Forearm Stand
- Gargoyle
- Hip Hold
- Inside Leg Hang
- Marley
- Mercury
- Outside Leg Hang
- Reiko Split
- Remi Seat
- Side Climb
- Teddy
- Violator
- Vortex

HIGH INTERMEDIATE
19 moves

- Aerial Straddle Invert
- Allegra
- Ballerina
- Butterfly
- Caterpillar Climb
- Chest Press Butterfly
- Cross Ankle Layback
- Duchess
- Extended Butterfly
- Foot Mount
- Gemini Climb
- Hang Glider
- Helix
- Inverted D
- Jamilla
- Leg Switch
- Poisson
- Shoulder Mount
- Tulip

ADVANCED
50 moves

- A-Frame
- Advanced Plank
- Aerial Shoulder Mount
- Archer
- Ayesha
- Batwing
- Bee's Knees
- Bird of Paradise
- Brass Bridge
- Brass Monkey
- Broken Doll
- Cheeba Split
- Cocoon
- Cupid
- Dangerous Bird
- Daredevil
- Deathlay
- Dove
- Dragontail

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
4 moves	12 moves	19 moves	19 moves	19 moves	50 moves


Eagle


Eros


Flag


Flying K


Fonji


Icarus


Iguana


Iron X


Jackknife


Jade


Jallegra


Janeiro


Knee Bocker


Libellula


Machine Gun


Marion Amber


Meathook


Phoenix


Rainbow Marchenko

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
4 moves	12 moves	19 moves	19 moves	19 moves	50 moves


Rocketman


Russian Layback


Russian Split


Seahorse


Side Saddle


Sneaky V


Spatchcock


Starfish


Superman


Torso Switch


Upright Sailboat


Yogini