N/A Level Map

Jacksonville, FL

Pole Level Mapper

NEWBIE
4 moves

-  Body Rolls
-  Dip Turn
-  Pirouette
-  Pole Walk

LOW BEGINNER
20 moves

-  Attitude Spin
-  Back Hook
-  Carousel Spin
-  Chair Spin
-  Cradle Spin
-  Fan Kick
-  Fireman Spin
- Forearm Stand
-  Front Hook
-  Genie
-  Goddess
-  Hollywood Spin
-  Jasmine
-  Juliet Spin
-  Knee Spin
-  Lady Seat
-  Rockstar Spin
-  Secretary Seat
-  Skater Spin

HIGH BEGINNER
14 moves

-  Baby Snake
-  Boomerang Spin
-  Climb
-  Cross Knee Layback
-  Inverted Crucifix
-  Martini
-  Reverse Grab
-  Scissor Seat
-  Side Climb
-  Snowflake
-  Stargazer
-  Straddle Invert
-  Violator
-  Wrist Seat

LOW INTERMEDIATE
13 moves

-  Aerial Straddle Invert
-  Air Walk
-  Cross Ankle Layback
- Dragonfly
- Embrace
- Figurehead
- Flatline
- Hip Hold
- Inside Leg Hang
- Mercury
- Outside Leg Hang
- Reiko Split
- Remi Seat

HIGH INTERMEDIATE
20 moves

- Allegra
- Ayesha
- Ballerina
- Butterfly
- Caterpillar Climb
- Cheeba Split
- Chest Press Butterfly
- Extended Butterfly
- Foot Mount
- Gemini Climb
- Hang Glider
- Inverted D
- Jackknife
- Jade
- Leg Switch
- Machine Gun
- Marion Amber
- Poisson
- Shoulder Mount

ADVANCED
52 moves

- A-Frame
- Advanced Plank
- Aerial Shoulder Mount
- Archer
- Batwing
- Bee's Knees
- Bird of Paradise
- Brass Bridge
- Brass Monkey
- Broken Doll
- Chopsticks
- Cocoon
- Cupid
- Dangerous Bird
- Daredevil
- Deathlay
- Dove
- Dragontail
- Duchess

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
4 moves	20 moves	14 moves	13 moves	20 moves	52 moves
	 Upright Crucifix			 Torso Switch	 Eagle  Eros  Flag  Flying K  Fonji  Gargoyle  Helix  Icarus  Iguana  Iron X  Jallegra  Jamilla  Janeiro  Knee Bocker  Libellula  Marley  Meathook  Phoenix  Rainbow Marchenko

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
4 moves	20 moves	14 moves	13 moves	20 moves	52 moves


Rocketman


Russian Layback


Russian Split


Seahorse


Side Saddle


Sneaky V


Spatchcock


Starfish


Superman


Teddy


Tulip


Upright Sailboat


Vortex


Yogini