Sierra B Level Map

Charlotte

Pole Level Mapper

NEWBIE
5 moves

-  Attitude Spin
-  Back Hook
-  Chair Spin
-  Fireman Spin
-  Front Hook

LOW BEGINNER
12 moves

-  Body Rolls
-  Carousel Spin
-  Cradle Spin
-  Dip Turn
-  Hollywood Spin
-  Juliet Spin
-  Knee Spin
-  Pirouette
-  Pole Walk
-  Rockstar Spin
-  Secretary Seat
-  Skater Spin

HIGH BEGINNER
9 moves

-  Boomerang Spin
-  Climb
-  Inverted Crucifix
-  Martini
-  Reverse Grab
-  Side Climb
-  Snowflake
-  Straddle Invert
-  Violator

LOW INTERMEDIATE
31 moves

-  Aerial Straddle Invert
-  Air Walk
-  Bee's Knees
-  Brass Bridge
-  Brass Monkey
-  Butterfly
-  Cross Ankle Layback
-  Dove
-  Dragonfly
-  Embrace
-  Eros
-  Extended Butterfly
-  Fan Kick
-  Figurehead
- Flatline
- Forearm Stand
- Hip Hold
- Inside Leg Hang
- Inverted D

HIGH INTERMEDIATE
15 moves

- Allegra
- Ayesha
- Ballerina
- Caterpillar Climb
- Cheeba Split
- Chest Press Butterfly
- Foot Mount
- Gemini Climb
- Hang Glider
- Jade
- Leg Switch
- Machine Gun
- Marion Amber
- Shoulder Mount
- Torso Switch

ADVANCED
51 moves

- A-Frame
- Advanced Plank
- Aerial Shoulder Mount
- Archer
- Baby Snake
- Batwing
- Bird of Paradise
- Broken Doll
- Chopsticks
- Cocoon
- Cross Knee Layback
- Cupid
- Dangerous Bird
- Daredevil
- Deathlay
- Dragontail
- Duchess
- Eagle
- Flag

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
5 moves	12 moves	9 moves	31 moves	15 moves	51 moves
			 Jackknife		 Flying K
			 Jamilla		 Fonji
			 Lady Seat		 Gargoyle
			 Mercury		 Genie
			 Outside Leg Hang		 Goddess
			 Poisson		 Helix
			 Reiko Split		 Icarus
			 Remi Seat		 Iguana
			 Side Saddle		 Iron X
			 Sneaky V		 Jallegra
			 Superman		 Janeiro
			 Upright Crucifix		 Jasmine
					 Knee Bocker
					 Libellula
					 Marley
					 Meathook
					 Phoenix
					 Rainbow Marchenko
					 Rocketman

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
5 moves	12 moves	9 moves	31 moves	15 moves	51 moves


Russian Layback


Russian Split


Scissor Seat


Seahorse


Spatchcock


Starfish


Stargazer


Teddy


Tulip


Upright Sailboat


Vortex


Wrist Seat


Yogini