Kerri Humphries Level Map

Saint Augustine

Pole Level Mapper

NEWBIE
4 moves


Body Rolls


Dip Turn


Pirouette


Pole Walk

LOW BEGINNER
13 moves


Attitude Spin


Back Hook


Carousel Spin


Chair Spin


Cradle Spin


Fireman Spin


Front Hook


Hollywood Spin


Juliet Spin


Knee Spin


Rockstar Spin


Secretary Seat


Skater Spin

HIGH BEGINNER
22 moves


Boomerang Spin


Butterfly


Climb


Dragonfly


Extended Butterfly


Figurehead


Genie


Goddess


Hip Hold


Inside Leg Hang


Inverted Crucifix


Inverted D


Jackknife


Jasmine


Martini


Outside Leg Hang


Poisson


Reverse Grab


Side Climb

LOW INTERMEDIATE
24 moves


Aerial Straddle Invert


Air Walk


Bee's Knees


Brass Bridge

Brass Monkey

Cross Ankle Layback

Dove

Embrace

Eros

Fan Kick

Flatline

Forearm Stand

Gemini Climb

Jamilla

Lady Seat

Leg Switch

Mercury

Reiko Split

Remi Seat

HIGH INTERMEDIATE
8 moves

Allegra

Ballerina

Caterpillar Climb

Chest Press Butterfly

Foot Mount

Hang Glider

Jade

Shoulder Mount

ADVANCED
52 moves

A-Frame

Advanced Plank

Aerial Shoulder Mount

Archer

Ayesha

Baby Snake

Batwing

Bird of Paradise

Broken Doll

Cheeba Split

Chopsticks

Cocoon

Cross Knee Layback

Cupid

Dangerous Bird

Daredevil

Deathlay

Dragontail

Duchess

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
4 moves	13 moves	22 moves	24 moves	8 moves	52 moves
		Snowflake	Side Saddle		Eagle
		Straddle Invert	Sneaky V		Flag
		Violator	Superman		Flying K
			Torso Switch		Fonji
			Upright Crucifix		Gargoyle
					Helix
					Icarus
					Iguana
					Iron X
					Jallegra
					Janeiro
					Knee Bocker
					Libellula
					Machine Gun
					Marion Amber
					Marley
					Meathook
					Phoenix
					Rainbow Marchenko

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
4 moves	13 moves	22 moves	24 moves	8 moves	52 moves


Rocketman


Russian Layback


Russian Split


Scissor Seat


Seahorse


Spatchcock


Starfish


Stargazer


Teddy


Tulip


Upright Sailboat


Vortex


Wrist Seat


Yogini