Sarah Bosen Level Map

Thusis, Switzerland

Pole Level Mapper

NEWBIE
0 moves

LOW BEGINNER
17 moves


Attitude Spin


Back Hook


Body Rolls


Carousel Spin


Chair Spin


Cradle Spin


Dip Turn


Fireman Spin


Front Hook


Hollywood Spin


Juliet Spin


Knee Spin


Pirouette


Pole Walk


Rockstar Spin


Secretary Seat


Skater Spin

HIGH BEGINNER
21 moves


Baby Snake


Boomerang Spin


Climb


Cross Knee Layback


Fan Kick

Forearm Stand


Genie


Goddess


Inverted Crucifix


Jasmine


Lady Seat


Martini


Reverse Grab


Scissor Seat


Side Climb


Snowflake


Stargazer


Straddle Invert


Upright Crucifix

LOW INTERMEDIATE
13 moves


Aerial Straddle Invert


Air Walk


Butterfly


Cross Ankle Layback

Embrace

Extended Butterfly

Flatline

Inverted D

Jackknife

Mercury

Poisson

Reiko Split

Remi Seat

HIGH INTERMEDIATE
18 moves

Allegra

Ballerina

Bee's Knees

Caterpillar Climb

Chest Press Butterfly

Dove

Dragonfly

Figurehead

Foot Mount

Hang Glider

Hip Hold

Inside Leg Hang

Jade

Jamilla

Outside Leg Hang

Shoulder Mount

Side Saddle

Superman

ADVANCED
54 moves

A-Frame

Advanced Plank

Aerial Shoulder Mount

Archer

Ayesha

Batwing

Bird of Paradise

Brass Bridge

Brass Monkey

Broken Doll

Cheeba Split

Chopsticks

Cocoon

Cupid

Dangerous Bird

Daredevil

Deathlay

Dragontail

Duchess

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
0 moves	17 moves	21 moves	13 moves	18 moves	54 moves
		Violator			Eagle
		Wrist Seat			Eros
					Flag
					Flying K
					Fonji
					Gargoyle
					Gemini Climb
					Helix
					Icarus
					Iguana
					Iron X
					Jallegra
					Janeiro
					Knee Bocker
					Leg Switch
					Libellula
					Machine Gun
					Marion Amber
					Marley

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
0 moves	17 moves	21 moves	13 moves	18 moves	54 moves


Meathook


Phoenix


Rainbow Marchenko


Rocketman


Russian Layback


Russian Split


Seahorse


Sneaky V


Spatchcock


Starfish


Teddy


Torso Switch


Tulip


Upright Sailboat


Vortex


Yogini