Annaise Daranai Level Map

Panama

Pole Level Mapper

NEWBIE
5 moves

- Bee's Knees
- Dove
- Jamilla
- Side Saddle
- Superman

LOW BEGINNER
24 moves

- Ayesha
- Baby Snake
- Brass Bridge
- Brass Monkey
- Carousel Spin
- Cheeba Split
- Cradle Spin
- Cross Knee Layback
- Eros
- Genie
- Goddess
- Hollywood Spin
- Jasmine
- Juliet Spin
- Knee Spin
- Machine Gun
- Marion Amber
- Rockstar Spin
- Scissor Seat

HIGH BEGINNER
18 moves

- Body Rolls
- Boomerang Spin
- Climb
- Dip Turn
- Dragonfly
- Figurehead
- Hip Hold
- Inside Leg Hang
- Inverted Crucifix
- Martini
- Outside Leg Hang
- Pirouette
- Pole Walk
- Reverse Grab
- Side Climb
- Snowflake
- Straddle Invert
- Violator

LOW INTERMEDIATE
25 moves

- Aerial Straddle Invert
- Air Walk
- Attitude Spin
- Back Hook
- Butterfly
- Chair Spin
- Cross Ankle Layback
- Embrace
- Extended Butterfly
- Fan Kick
- Fireman Spin
- Flatline
- Forearm Stand
- Front Hook
- Gemini Climb
- Inverted D
- Jackknife
- Lady Seat
- Leg Switch

HIGH INTERMEDIATE
8 moves

- Allegra
- Ballerina
- Caterpillar Climb
- Chest Press Butterfly
- Foot Mount
- Hang Glider
- Jade
- Shoulder Mount

ADVANCED
43 moves

- A-Frame
- Advanced Plank
- Aerial Shoulder Mount
- Archer
- Batwing
- Bird of Paradise
- Broken Doll
- Chopsticks
- Cocoon
- Cupid
- Dangerous Bird
- Daredevil
- Deathlay
- Dragontail
- Duchess
- Eagle
- Flag
- Flying K
- Fonji

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
5 moves	24 moves	18 moves	25 moves	8 moves	43 moves
	 Secretary Seat		 Mercury		 Gargoyle
	 Skater Spin		 Poisson		 Helix
	 Sneaky V		 Reiko Split		 Icarus
	 Stargazer		 Remi Seat		 Iguana
	 Wrist Seat		 Torso Switch		 Iron X
			 Upright Crucifix		 Jallegra
					 Janeiro
					 Knee Bocker
					 Libellula
					 Marley
					 Meathook
					 Phoenix
					 Rainbow Marchenko
					 Rocketman
					 Russian Layback
					 Russian Split
					 Seahorse
					 Spatchcock
					 Starfish

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
5 moves	24 moves	18 moves	25 moves	8 moves	43 moves



Teddy



Tulip



Upright Sailboat



Vortex



Yogini