Salomae "Mae" Santana Level Map

Bryan

Pole Level Mapper

NEWBIE
7 moves

- Body Rolls
- Dip Turn
- Genie
- Goddess
- Jasmine
- Pirouette
- Pole Walk

LOW BEGINNER
18 moves

- Attitude Spin
- Baby Snake
- Back Hook
- Carousel Spin
- Chair Spin
- Cradle Spin
- Cross Knee Layback
- Fireman Spin
- Front Hook
- Hollywood Spin
- Juliet Spin
- Knee Spin
- Rockstar Spin
- Scissor Seat
- Secretary Seat
- Skater Spin
- Stargazer
- Wrist Seat

HIGH BEGINNER
18 moves

- Boomerang Spin
- Climb
- Dragonfly
- Fan Kick
- Figurehead
- Forearm Stand
- Hip Hold
- Inside Leg Hang
- Inverted Crucifix
- Lady Seat
- Martini
- Outside Leg Hang
- Reverse Grab
- Side Climb
- Snowflake
- Straddle Invert
- Upright Crucifix
- Violator

LOW INTERMEDIATE
20 moves

- Aerial Straddle Invert
- Air Walk
- Ayesha
- Bee's Knees
- Cheeba Split
- Cross Ankle Layback
- Dove
- Embrace
- Flatline
- Gemini Climb
- Jamilla
- Leg Switch
- Machine Gun
- Marion Amber
- Mercury
- Reiko Split
- Remi Seat
- Side Saddle
- Superman

HIGH INTERMEDIATE
13 moves

- Allegra
- Ballerina
- Butterfly
- Caterpillar Climb
- Chest Press Butterfly
- Extended Butterfly
- Foot Mount
- Hang Glider
- Inverted D
- Jackknife
- Jade
- Poisson
- Shoulder Mount

ADVANCED
47 moves

- A-Frame
- Advanced Plank
- Aerial Shoulder Mount
- Archer
- Batwing
- Bird of Paradise
- Brass Bridge
- Brass Monkey
- Broken Doll
- Chopsticks
- Cocoon
- Cupid
- Dangerous Bird
- Daredevil
- Deathlay
- Dragontail
- Duchess
- Eagle
- Eros

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
7 moves	18 moves	18 moves	20 moves	13 moves	47 moves
			 Torso Switch		 Flag  Flying K  Fonji  Gargoyle  Helix  Icarus  Iguana  Iron X  Jallegra  Janeiro  Knee Bocker  Libellula  Marley  Meathook  Phoenix  Rainbow Marchenko  Rocketman  Russian Layback  Russian Split

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
7 moves	18 moves	18 moves	20 moves	13 moves	47 moves


Seahorse


Sneaky V


Spatchcock


Starfish


Teddy


Tulip


Upright Sailboat


Vortex


Yogini