Stephanie L. Morehead Level Map

Staunton

Pole Level Mapper

NEWBIE
0 moves

LOW BEGINNER
17 moves


Attitude Spin


Back Hook


Body Rolls


Carousel Spin


Chair Spin


Cradle Spin


Dip Turn


Fireman Spin


Front Hook


Hollywood Spin


Juliet Spin


Knee Spin


Pirouette


Pole Walk


Rockstar Spin


Secretary Seat


Skater Spin

HIGH BEGINNER
9 moves


Boomerang Spin


Climb


Inverted Crucifix


Martini


Reverse Grab


Side Climb


Snowflake


Straddle Invert


Violator

LOW INTERMEDIATE
34 moves


Aerial Straddle Invert


Air Walk


Baby Snake


Brass Bridge


Brass Monkey


Butterfly


Cross Ankle Layback


Cross Knee Layback


Dragonfly


Embrace


Eros


Extended Butterfly


Fan Kick


Figurehead

Flatline

Forearm Stand

Genie

Goddess

Hip Hold

HIGH INTERMEDIATE
16 moves

Allegra

Ballerina

Bee's Knees

Caterpillar Climb

Chest Press Butterfly

Dove

Foot Mount

Gemini Climb

Hang Glider

Jade

Jamilla

Leg Switch

Shoulder Mount

Side Saddle

Superman

Torso Switch

ADVANCED
47 moves

A-Frame

Advanced Plank

Aerial Shoulder Mount

Archer

Ayesha

Batwing

Bird of Paradise

Broken Doll

Cheeba Split

Chopsticks

Cocoon

Cupid

Dangerous Bird

Daredevil

Deathlay

Dragontail

Duchess

Eagle

Flag

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
0 moves	17 moves	9 moves	34 moves	16 moves	47 moves
			 Inside Leg Hang		 Flying K
			 Inverted D		 Fonji
			 Jackknife		 Gargoyle
			 Jasmine		 Helix
			 Lady Seat		 Icarus
			 Mercury		 Iguana
			 Outside Leg Hang		 Iron X
			 Poisson		 Jallegra
			 Reiko Split		 Janeiro
			 Remi Seat		 Knee Bocker
			 Scissor Seat		 Libellula
			 Sneaky V		 Machine Gun
			 Stargazer		 Marion Amber
			 Upright Crucifix		 Marley
			 Wrist Seat		 Meathook
					 Phoenix
					 Rainbow Marchenko
					 Rocketman
					 Russian Layback

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
0 moves	17 moves	9 moves	34 moves	16 moves	47 moves


Russian Split


Seahorse


Spatchcock


Starfish


Teddy


Tulip


Upright Sailboat


Vortex


Yogini