Ev Espinosa Level Map

Carnegie, VIC

Pole Level Mapper

NEWBIE
4 moves

-  Body Rolls
-  Dip Turn
-  Pirouette
-  Pole Walk

LOW BEGINNER
13 moves

-  Back Hook
-  Carousel Spin
-  Cradle Spin
-  Fan Kick
- Forearm Stand
-  Hollywood Spin
-  Juliet Spin
-  Knee Spin
-  Lady Seat
-  Rockstar Spin
-  Secretary Seat
-  Skater Spin
-  Upright Crucifix

HIGH BEGINNER
26 moves

-  Attitude Spin
-  Baby Snake
-  Boomerang Spin
-  Chair Spin
-  Climb
-  Cross Knee Layback
-  Dragonfly
-  Figurehead
-  Fireman Spin
-  Front Hook
-  Genie
-  Goddess
-  Hip Hold
-  Inside Leg Hang
-  Inverted Crucifix
-  Jasmine
-  Martini
-  Outside Leg Hang
-  Peekaboo

LOW INTERMEDIATE
16 moves

-  Aerial Straddle Invert
-  Air Walk
-  Butterfly
-  Cross Ankle Layback
- Embrace
- Extended Butterfly
- Flatline
- Gemini Climb
- Inverted D
- Jackknife
- Leg Switch
- Mercury
- Poisson
- Reiko Split
- Remi Seat
- Torso Switch

HIGH INTERMEDIATE
12 moves

- Allegra
- Ballerina
- Brass Bridge
- Brass Monkey
- Caterpillar Climb
- Chest Press Butterfly
- Eros
- Foot Mount
- Hang Glider
- Jade
- Shoulder Mount
- Sneaky V

ADVANCED
52 moves

- A-Frame
- Advanced Plank
- Aerial Shoulder Mount
- Archer
- Ayesha
- Batwing
- Bee's Knees
- Bird of Paradise
- Broken Doll
- Cheeba Split
- Chopsticks
- Cocoon
- Cupid
- Dangerous Bird
- Daredevil
- Deathlay
- Dove
- Dragontail
- Duchess

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
4 moves	13 moves	26 moves	16 moves	12 moves	52 moves


Reverse Grab


Scissor Seat


Side Climb


Snowflake


Stargazer


Straddle Invert


Wrist Seat


Eagle


Flag


Flying K


Fonji


Gargoyle


Helix


Icarus


Iguana


Iron X


Jallegra


Jamilla


Janeiro


Knee Bocker


Libellula


Machine Gun


Marion Amber


Marley


Meathook


Phoenix

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
4 moves	13 moves	26 moves	16 moves	12 moves	52 moves


Rainbow Marchenko


Rocketman


Russian Layback


Russian Split


Seahorse


Side Saddle


Spatchcock


Starfish


Superman


Teddy


Tulip


Upright Sailboat


Vortex


Yogini