Kitten Level Map

Germany

Pole Level Mapper

NEWBIE
8 moves

- Back Hook
- Body Rolls
- Climb
- Dip Turn
- Front Hook
- Knee Spin
- Pirouette
- Pole Walk

LOW BEGINNER
12 moves

- Attitude Spin
- Carousel Spin
- Chair Spin
- Cradle Spin
- Fan Kick
- Fireman Spin
- Forearm Stand
- Hollywood Spin
- Juliet Spin
- Rockstar Spin
- Secretary Seat
- Skater Spin

HIGH BEGINNER
16 moves

- Baby Snake
- Boomerang Spin
- Cross Knee Layback
- Genie
- Goddess
- Inverted Crucifix
- Jasmine
- Lady Seat
- Martini
- Outside Leg Hang
- Reverse Grab
- Side Climb
- Snowflake
- Straddle Invert
- Upright Crucifix
- Violator

LOW INTERMEDIATE
17 moves

- Aerial Straddle Invert
- Air Walk
- Bee's Knees
- Cross Ankle Layback
- Dove
- Dragonfly
- Embrace
- Figurehead
- Flatline
- Hip Hold
- Inside Leg Hang
- Jamilla
- Mercury
- Reiko Split
- Remi Seat
- Side Saddle
- Superman

HIGH INTERMEDIATE
19 moves

- Allegra
- Ballerina
- Butterfly
- Caterpillar Climb
- Chest Press Butterfly
- Extended Butterfly
- Foot Mount
- Gemini Climb
- Hang Glider
- Inverted D
- Jackknife
- Jade
- Leg Switch
- Poisson
- Scissor Seat
- Shoulder Mount
- Stargazer
- Torso Switch
- Wrist Seat

ADVANCED
51 moves

- A-Frame
- Advanced Plank
- Aerial Shoulder Mount
- Archer
- Ayesha
- Batwing
- Bird of Paradise
- Brass Bridge
- Brass Monkey
- Broken Doll
- Cheeba Split
- Chopsticks
- Cocoon
- Cupid
- Dangerous Bird
- Daredevil
- Deathlay
- Dragontail
- Duchess

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
8 moves	12 moves	16 moves	17 moves	19 moves	51 moves


Eagle


Eros


Flag


Flying K


Fonji


Gargoyle


Helix


Icarus


Iguana


Iron X


Jallegra


Janeiro


Knee Bocker


Libellula


Machine Gun


Marion Amber


Marley


Meathook


Phoenix

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
8 moves	12 moves	16 moves	17 moves	19 moves	51 moves


Rainbow Marchenko


Rocketman


Russian Layback


Russian Split


Seahorse


Sneaky V


Spatchcock


Starfish


Teddy


Tulip


Upright Sailboat


Vortex


Yogini