Butter & filth Level Map

Richmond, va

Pole Level Mapper

NEWBIE
4 moves

- Body Rolls
- Dip Turn
- Pirouette
- Pole Walk

LOW BEGINNER
20 moves

- Attitude Spin
- Back Hook
- Carousel Spin
- Chair Spin
- Cradle Spin
- Fan Kick
- Fireman Spin
- Forearm Stand
- Front Hook
- Genie
- Goddess
- Hollywood Spin
- Jasmine
- Juliet Spin
- Knee Spin
- Lady Seat
- Rockstar Spin
- Secretary Seat
- Skater Spin

HIGH BEGINNER
29 moves

- Baby Snake
- Bee's Knees
- Boomerang Spin
- Butterfly
- Climb
- Cross Knee Layback
- Dove
- Dragonfly
- Extended Butterfly
- Figurehead
- Hip Hold
- Inside Leg Hang
- Inverted Crucifix
- Inverted D
- Jackknife
- Jamilla
- Martini
- Outside Leg Hang
- Poisson

LOW INTERMEDIATE
15 moves

- Aerial Straddle Invert
- Air Walk
- Brass Bridge
- Brass Monkey
- Cross Ankle Layback
- Embrace
- Eros
- Flatline
- Gemini Climb
- Leg Switch
- Mercury
- Reiko Split
- Remi Seat
- Sneaky V
- Torso Switch

HIGH INTERMEDIATE
8 moves

- Allegra
- Ballerina
- Caterpillar Climb
- Chest Press Butterfly
- Foot Mount
- Hang Glider
- Jade
- Shoulder Mount

ADVANCED
47 moves

- A-Frame
- Advanced Plank
- Aerial Shoulder Mount
- Archer
- Ayesha
- Batwing
- Bird of Paradise
- Broken Doll
- Cheeba Split
- Chopsticks
- Cocoon
- Cupid
- Dangerous Bird
- Daredevil
- Deathlay
- Dragontail
- Duchess
- Eagle
- Flag

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
4 moves	20 moves	29 moves	15 moves	8 moves	47 moves
	 Upright Crucifix	 Reverse Grab	 Flying K		
		 Scissor Seat	 Fonji		
		 Side Climb	 Gargoyle		
		 Side Saddle	 Helix		
		 Snowflake	 Icarus		
		 Stargazer	 Iguana		
		 Straddle Invert	 Iron X		
		 Superman	 Jallegra		
		 Violator	 Janeiro		
		 Wrist Seat	 Knee Bocker		
			 Libellula		
			 Machine Gun		
			 Marion Amber		
			 Marley		
			 Meathook		
			 Phoenix		
			 Rainbow Marchenko		
			 Rocketman		
			 Russian Layback		

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
4 moves	20 moves	29 moves	15 moves	8 moves	47 moves


Russian Split


Seahorse


Spatchcock


Starfish


Teddy


Tulip


Upright Sailboat


Vortex


Yogini