Shushanna Level Map

Newaygo, MI

Pole Level Mapper

NEWBIE
4 moves


Body Rolls


Dip Turn


Pirouette


Pole Walk

LOW BEGINNER
17 moves


Attitude Spin


Back Hook


Carousel Spin


Chair Spin


Cradle Spin


Fan Kick


Fireman Spin

Forearm Stand


Front Hook


Hollywood Spin


Juliet Spin


Knee Spin


Lady Seat


Rockstar Spin


Secretary Seat


Skater Spin


Upright Crucifix

HIGH BEGINNER
19 moves


Baby Snake


Boomerang Spin


Climb


Cross Knee Layback


Dragonfly


Figurehead


Hip Hold


Inside Leg Hang


Inverted Crucifix


Martini


Outside Leg Hang


Reverse Grab


Scissor Seat


Side Climb


Snowflake


Stargazer


Straddle Invert


Violator


Wrist Seat

LOW INTERMEDIATE
29 moves

Aerial Straddle Invert

Air Walk

Ayesha

Bee's Knees

Brass Bridge

Brass Monkey

Butterfly

Cheeba Split

Cross Ankle Layback

Dove

Embrace

Eros

Extended Butterfly

Flatline

Gemini Climb

Inverted D

Jackknife

Jamilla

Leg Switch

HIGH INTERMEDIATE
11 moves

Allegra

Ballerina

Caterpillar Climb

Chest Press Butterfly

Foot Mount

Genie

Goddess

Hang Glider

Jade

Jasmine

Shoulder Mount

ADVANCED
43 moves

A-Frame

Advanced Plank

Aerial Shoulder Mount

Archer

Batwing

Bird of Paradise

Broken Doll

Chopsticks

Cocoon

Cupid

Dangerous Bird

Daredevil

Deathlay

Dragontail

Duchess

Eagle

Flag

Flying K

Fonji

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
4 moves	17 moves	19 moves	29 moves	11 moves	43 moves
			Machine Gun		Gargoyle
			Marion Amber		Helix
			Mercury		Icarus
			Poisson		Iguana
			Reiko Split		Iron X
			Remi Seat		Jallegra
			Side Saddle		Janeiro
			Sneaky V		Knee Bocker
			Superman		Libellula
			Torso Switch		Marley
					Meathook
					Phoenix
					Rainbow Marchenko
					Rocketman
					Russian Layback
					Russian Split
					Seahorse
					Spatchcock
					Starfish

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
4 moves	17 moves	19 moves	29 moves	11 moves	43 moves



Teddy



Tulip



Upright Sailboat



Vortex



Yogini