Ashley Revering Level Map

Minneapolis

Pole Level Mapper

NEWBIE
8 moves

- Body Rolls
- Dip Turn
- Fan Kick
- Forearm Stand
- Lady Seat
- Pirouette
- Pole Walk
- Upright Crucifix

LOW BEGINNER
13 moves

- Attitude Spin
- Back Hook
- Carousel Spin
- Chair Spin
- Climb
- Cradle Spin
- Fireman Spin
- Front Hook
- Hollywood Spin
- Jasmine
- Knee Spin
- Secretary Seat
- Skater Spin

HIGH BEGINNER
15 moves

- Baby Snake
- Boomerang Spin
- Cross Knee Layback
- Genie
- Inverted Crucifix
- Juliet Spin
- Martini
- Reverse Grab
- Scissor Seat
- Side Climb
- Snowflake
- Stargazer
- Straddle Invert
- Violator
- Wrist Seat

LOW INTERMEDIATE
19 moves

- Aerial Straddle Invert
- Air Walk
- Brass Bridge
- Brass Monkey
- Cross Ankle Layback
- Dragonfly
- Embrace
- Eros
- Figurehead
- Flatline
- Goddess
- Hip Hold
- Inside Leg Hang
- Mercury
- Outside Leg Hang
- Reiko Split
- Remi Seat
- Rockstar Spin
- Sneaky V

HIGH INTERMEDIATE
16 moves

- Allegra
- Ballerina
- Bee's Knees
- Caterpillar Climb
- Chest Press Butterfly
- Dove
- Foot Mount
- Gemini Climb
- Hang Glider
- Jade
- Jamilla
- Leg Switch
- Shoulder Mount
- Side Saddle
- Superman
- Torso Switch

ADVANCED
52 moves

- A-Frame
- Advanced Plank
- Aerial Shoulder Mount
- Archer
- Ayesha
- Batwing
- Bird of Paradise
- Broken Doll
- Butterfly
- Cheeba Split
- Chopsticks
- Cocoon
- Cupid
- Dangerous Bird
- Daredevil
- Deathlay
- Dragontail
- Duchess
- Eagle

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
8 moves	13 moves	15 moves	19 moves	16 moves	52 moves


Extended Butterfly


Flag


Flying K


Fonji


Gargoyle


Helix


Icarus


Iguana


Inverted D


Iron X


Jackknife


Jallegra


Janeiro


Knee Bocker


Libellula


Machine Gun


Marion Amber


Marley


Meathook

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
8 moves	13 moves	15 moves	19 moves	16 moves	52 moves


Phoenix


Poisson


Rainbow Marchenko


Rocketman


Russian Layback


Russian Split


Seahorse


Spatchcock


Starfish


Teddy


Tulip


Upright Sailboat


Vortex


Yogini