# Jennifer Level Map

Albuquerque, NM

Pole Level Mapper

## NEWBIE
5 moves

-  Back Hook
-  Body Rolls
-  Fan Kick
-  Front Hook
-  Pole Walk

## LOW BEGINNER
12 moves

-  Chair Spin
-  Climb
-  Dip Turn
-  Fireman Spin
-  Genie
-  Hollywood Spin
-  Jasmine
-  Knee Spin
-  Lady Seat
-  Martini
-  Pirouette
-  Skater Spin

## HIGH BEGINNER
14 moves

-  Attitude Spin
-  Baby Snake
-  Ballerina
-  Cradle Spin
-  Figurehead
-  Jamilla
-  Juliet Spin
-  Scissor Seat
-  Secretary Seat
-  Side Climb
-  Stargazer
-  Superman
-  Upright Crucifix
-  Wrist Seat

## LOW INTERMEDIATE
31 moves

-  Air Walk
-  Bee's Knees
-  Boomerang Spin
-  Butterfly
-  Carousel Spin
-  Caterpillar Climb
-  Chopsticks
-  Cross Ankle Layback
-  Cross Knee Layback
-  Cupid
-  Embrace
-  Flatline
-  Forearm Stand
-  Hip Hold
-  Inside Leg Hang
-  Inverted Crucifix
-  Jade
-  Leg Switch
-  Outside Leg Hang

## HIGH INTERMEDIATE
35 moves

-  Advanced Plank
-  Aerial Straddle Invert
-  Allegra
-  Archer
-  Ayesha
-  Brass Bridge
-  Brass Monkey
-  Broken Doll
-  Dangerous Bird
-  Daredevil
-  Dove
-  Dragonfly
-  Duchess
-  Eros
-  Extended Butterfly
-  Foot Mount
-  Gargoyle
-  Gemini Climb
-  Goddess

## ADVANCED
26 moves

-  A-Frame
-  Aerial Shoulder Mount
-  Batwing
-  Bird of Paradise
-  Cheeba Split
-  Chest Press Butterfly
-  Cocoon
-  Deathlay
-  Dragontail
-  Eagle
-  Flag
-  Flying K
-  Fonji
-  Icarus
-  Iron X
-  Jallegra
-  Janeiro
-  Knee Bocker
-  Libellula

| NEWBIE | LOW BEGINNER | HIGH BEGINNER | LOW INTERMEDIATE | HIGH INTERMEDIATE | ADVANCED |
|---|---|---|---|---|---|
| 5 moves | 12 moves | 14 moves | 31 moves | 35 moves | 26 moves |
| | | |  Reiko Split |  Hang Glider |  Phoenix |
| | | |  Remi Seat |  Helix |  Rainbow Marchenko |
| | | |  Reverse Grab |  Iguana |  Rocketman |
| | | |  Rockstar Spin |  Inverted D |  Russian Split |
| | | |  Side Saddle |  Jackknife |  Spatchcock |
| | | |  Snowflake |  Machine Gun |  Starfish |
| | | |  Straddle Invert |  Marion Amber |  Yogini |
| | | |  Teddy |  Marley | |
| | | |  Torso Switch |  Meathook | |
| | | |  Upright Sailboat |  Mercury | |
| | | |  Violator |  Poisson | |
| | | |  Vortex |  Russian Layback | |
| | | | |  Seahorse | |
| | | | |  Shoulder Mount | |
| | | | |  Sneaky V | |
| | | | |  Tulip | |