Djassa Kooij Level Map

Arnhem

Pole Level Mapper

NEWBIE
0 moves

LOW BEGINNER
13 moves

-  Attitude Spin
-  Back Hook
-  Carousel Spin
-  Chair Spin
-  Cradle Spin
-  Fireman Spin
-  Front Hook
-  Hollywood Spin
-  Juliet Spin
-  Knee Spin
-  Rockstar Spin
-  Secretary Seat
-  Skater Spin

HIGH BEGINNER
30 moves

-  Bee's Knees
-  Body Rolls
-  Boomerang Spin
-  Butterfly
-  Climb
-  Dip Turn
-  Dove
-  Extended Butterfly
-  Fan Kick
- Forearm Stand
-  Genie
-  Goddess
-  Inverted Crucifix
-  Inverted D
-  Jackknife
-  Jamilla
-  Jasmine
-  Lady Seat
-  Martini

LOW INTERMEDIATE
13 moves

-  Aerial Straddle Invert
-  Air Walk
-  Baby Snake
-  Cross Ankle Layback
-  Cross Knee Layback
-  Embrace
-  Flatline
-  Mercury
- Reiko Split
- Remi Seat
- Scissor Seat
- Stargazer
- Wrist Seat

HIGH INTERMEDIATE
12 moves

- Allegra
- Ballerina
- Brass Bridge
- Brass Monkey
- Caterpillar Climb
- Chest Press Butterfly
- Eros
- Foot Mount
- Hang Glider
- Jade
- Shoulder Mount
- Sneaky V

ADVANCED
55 moves

- A-Frame
- Advanced Plank
- Aerial Shoulder Mount
- Archer
- Ayesha
- Batwing
- Bird of Paradise
- Broken Doll
- Cheeba Split
- Chopsticks
- Cocoon
- Cupid
- Dangerous Bird
- Daredevil
- Deathlay
- Dragonfly
- Dragontail
- Duchess
- Eagle

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
0 moves	13 moves	30 moves	13 moves	12 moves	55 moves
		Pirouette			Figurehead
		Poisson			Flag
		Pole Walk			Flying K
		Reverse Grab			Fonji
		Side Climb			Gargoyle
		Side Saddle			Gemini Climb
		Snowflake			Helix
		Straddle Invert			Hip Hold
		Superman			Icarus
		Upright Crucifix			Iguana
		Violator			Inside Leg Hang
					Iron X
					Jallegra
					Janeiro
					Knee Bocker
					Leg Switch
					Libellula
					Machine Gun
					Marion Amber

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
0 moves	13 moves	30 moves	13 moves	12 moves	55 moves


Marley


Meathook


Outside Leg Hang


Phoenix


Rainbow Marchenko


Rocketman


Russian Layback


Russian Split


Seahorse


Spatchcock


Starfish


Teddy


Torso Switch


Tulip


Upright Sailboat


Vortex


Yogini