# Melanie Baldi Level Map

Italy

Pole Level Mapper

## NEWBIE
11 moves

- Attitude Spin
- Back Hook
- Body Rolls
- Chair Spin
- Dip Turn
- Fan Kick
- Fireman Spin
- Front Hook
- Lady Seat
- Pirouette
- Pole Walk

## LOW BEGINNER
16 moves

- Baby Snake
- Carousel Spin
- Climb
- Cradle Spin
- Genie
- Hollywood Spin
- Jasmine
- Juliet Spin
- Knee Spin
- Rockstar Spin
- Scissor Seat
- Secretary Seat
- Skater Spin
- Stargazer
- Upright Crucifix
- Wrist Seat

## HIGH BEGINNER
20 moves

- Air Walk
- Bee's Knees
- Boomerang Spin
- Butterfly
- Chopsticks
- Dove
- Forearm Stand
- Goddess
- Inverted Crucifix
- Inverted D
- Jamilla
- Martini
- Poisson
- Reverse Grab
- Side Climb
- Side Saddle
- Snowflake
- Straddle Invert
- Superman

## LOW INTERMEDIATE
13 moves

- Aerial Straddle Invert
- Cross Ankle Layback
- Cross Knee Layback
- Dragonfly
- Embrace
- Figurehead
- Flatline
- Hip Hold
- Inside Leg Hang
- Mercury
- Outside Leg Hang
- Reiko Split
- Remi Seat

## HIGH INTERMEDIATE
20 moves

- Allegra
- Ayesha
- Ballerina
- Brass Bridge
- Brass Monkey
- Caterpillar Climb
- Cheeba Split
- Chest Press Butterfly
- Eros
- Extended Butterfly
- Foot Mount
- Gemini Climb
- Hang Glider
- Jade
- Leg Switch
- Machine Gun
- Marion Amber
- Shoulder Mount
- Sneaky V

## ADVANCED
43 moves

- A-Frame
- Advanced Plank
- Aerial Shoulder Mount
- Archer
- Batwing
- Bird of Paradise
- Broken Doll
- Cocoon
- Cupid
- Dangerous Bird
- Daredevil
- Deathlay
- Dragontail
- Duchess
- Eagle
- Flag
- Flying K
- Fonji
- Gargoyle

| NEWBIE | LOW BEGINNER | HIGH BEGINNER | LOW INTERMEDIATE | HIGH INTERMEDIATE | ADVANCED |
|---|---|---|---|---|---|
| 11 moves | 16 moves | 20 moves | 13 moves | 20 moves | 43 moves |
| | |  Violator | |  Torso Switch |  Helix<br> Icarus<br> Iguana<br> Iron X<br> Jackknife<br> Jallegra<br> Janeiro<br> Knee Bocker<br> Libellula<br> Marley<br> Meathook<br> Phoenix<br> Rainbow Marchenko<br> Rocketman<br> Russian Layback<br> Russian Split<br> Seahorse<br> Spatchcock<br> Starfish |

| NEWBIE | LOW BEGINNER | HIGH BEGINNER | LOW INTERMEDIATE | HIGH INTERMEDIATE | ADVANCED |
| --- | --- | --- | --- | --- | --- |
| 11 moves | 16 moves | 20 moves | 13 moves | 20 moves | 43 moves |



Teddy



Tulip



Upright Sailboat



Vortex



Yogini