Jayla Tillis Level Map

Chicago

Pole Level Mapper

NEWBIE
4 moves

- Body Rolls
- Dip Turn
- Pirouette
- Pole Walk

LOW BEGINNER
16 moves

- Attitude Spin
- Back Hook
- Carousel Spin
- Chair Spin
- Fan Kick
- Fireman Spin
- Forearm Stand
- Front Hook
- Hollywood Spin
- Juliet Spin
- Knee Spin
- Lady Seat
- Rockstar Spin
- Secretary Seat
- Skater Spin
- Upright Crucifix

HIGH BEGINNER
17 moves

- Baby Snake
- Ballerina
- Boomerang Spin
- Climb
- Cross Knee Layback
- Figurehead
- Genie
- Goddess
- Jasmine
- Martini
- Reverse Grab
- Scissor Seat
- Side Climb
- Snowflake
- Stargazer
- Upright Sailboat
- Wrist Seat

LOW INTERMEDIATE
18 moves

- Advanced Plank
- Air Walk
- Bee's Knees
- Cradle Spin
- Cross Ankle Layback
- Dove
- Embrace
- Flatline
- Inverted Crucifix
- Jamilla
- Mercury
- Reiko Split
- Remi Seat
- Side Saddle
- Straddle Invert
- Superman
- Tulip
- Violator

HIGH INTERMEDIATE
24 moves

- Allegra
- Brass Bridge
- Brass Monkey
- Butterfly
- Caterpillar Climb
- Chest Press Butterfly
- Chopsticks
- Dragonfly
- Eros
- Extended Butterfly
- Foot Mount
- Hang Glider
- Hip Hold
- Inside Leg Hang
- Inverted D
- Jackknife
- Jade
- Knee Bocker
- Outside Leg Hang

ADVANCED
44 moves

- A-Frame
- Aerial Shoulder Mount
- Aerial Straddle Invert
- Archer
- Ayesha
- Batwing
- Bird of Paradise
- Broken Doll
- Cheeba Split
- Cocoon
- Cupid
- Dangerous Bird
- Daredevil
- Deathlay
- Dragontail
- Duchess
- Eagle
- Flag
- Flying K

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
4 moves	16 moves	17 moves	18 moves	24 moves	44 moves
				Poisson	Fonji
				Shoulder Mount	Gargoyle
				Sneaky V	Gemini Climb
				Teddy	Helix
				Vortex	Icarus
					Iguana
					Iron X
					Jallegra
					Janeiro
					Leg Switch
					Libellula
					Machine Gun
					Marion Amber
					Marley
					Meathook
					Phoenix
					Rainbow Marchenko
					Rocketman
					Russian Layback

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
4 moves	16 moves	17 moves	18 moves	24 moves	44 moves


Russian Split


Seahorse


Spatchcock


Starfish


Torso Switch


Yogini