# Sarah Chung Level Map

Orange CA

Pole Level Mapper

## NEWBIE
0 moves

## LOW BEGINNER
21 moves


Ayesha


Brass Bridge


Brass Monkey


Butterfly


Carousel Spin


Cheeba Split


Cradle Spin


Eros


Extended Butterfly


Hollywood Spin


Inverted D


Jackknife


Juliet Spin


Knee Spin


Machine Gun


Marion Amber


Poisson


Rockstar Spin


Secretary Seat

## HIGH BEGINNER
28 moves


Baby Snake


Bee's Knees


Boomerang Spin


Climb


Cross Knee Layback


Dove


Dragonfly


Fan Kick


Figurehead


Forearm Stand


Hip Hold


Inside Leg Hang


Inverted Crucifix


Jamilla


Lady Seat


Martini


Outside Leg Hang


Reverse Grab


Scissor Seat

## LOW INTERMEDIATE
11 moves


Aerial Straddle Invert


Air Walk


Cross Ankle Layback


Embrace


Flatline


Gemini Climb


Leg Switch


Mercury


Reiko Split


Remi Seat


Torso Switch

## HIGH INTERMEDIATE
20 moves


Allegra


Attitude Spin


Back Hook


Ballerina


Body Rolls


Caterpillar Climb


Chair Spin


Chest Press Butterfly


Dip Turn


Fireman Spin


Foot Mount


Front Hook


Genie


Goddess


Hang Glider


Jade


Jasmine


Pirouette


Pole Walk

## ADVANCED
43 moves


A-Frame


Advanced Plank


Aerial Shoulder Mount


Archer


Batwing


Bird of Paradise


Broken Doll


Chopsticks


Cocoon


Cupid


Dangerous Bird


Daredevil


Deathlay


Dragontail


Duchess


Eagle


Flag


Flying K


Fonji

## NEWBIE
0 moves

## LOW BEGINNER
21 moves


Skater Spin


Sneaky V

## HIGH BEGINNER
28 moves


Side Climb


Side Saddle


Snowflake


Stargazer


Straddle Invert


Superman


Upright Crucifix


Violator


Wrist Seat

## LOW INTERMEDIATE
11 moves

## HIGH INTERMEDIATE
20 moves


Shoulder Mount

## ADVANCED
43 moves


Gargoyle


Helix


Icarus


Iguana


Iron X


Jallegra


Janeiro


Knee Bocker


Libellula


Marley


Meathook


Phoenix


Rainbow Marchenko


Rocketman


Russian Layback


Russian Split


Seahorse


Spatchcock


Starfish

| NEWBIE | LOW BEGINNER | HIGH BEGINNER | LOW INTERMEDIATE | HIGH INTERMEDIATE | ADVANCED |
| --- | --- | --- | --- | --- | --- |
| 0 moves | 21 moves | 28 moves | 11 moves | 20 moves | 43 moves |



Teddy



Tulip



Upright Sailboat



Vortex



Yogini