Ingibjorg Level Map

Mosfellsbaer, Iceland

Pole Level Mapper

NEWBIE
0 moves

LOW BEGINNER
17 moves

-  Attitude Spin
-  Back Hook
-  Body Rolls
-  Carousel Spin
-  Chair Spin
-  Cradle Spin
-  Dip Turn
-  Fireman Spin
-  Front Hook
-  Hollywood Spin
-  Juliet Spin
-  Knee Spin
-  Pirouette
-  Pole Walk
-  Rockstar Spin
-  Secretary Seat
-  Skater Spin

HIGH BEGINNER
13 moves

-  Boomerang Spin
-  Climb
-  Fan Kick
- Forearm Stand
-  Inverted Crucifix
-  Lady Seat
-  Martini
-  Reverse Grab
-  Side Climb
-  Snowflake
-  Straddle Invert
-  Upright Crucifix
-  Violator

LOW INTERMEDIATE
31 moves

-  Aerial Straddle Invert
-  Air Walk
-  Baby Snake
-  Bee's Knees
-  Butterfly
-  Cross Ankle Layback
-  Cross Knee Layback
-  Dove
-  Dragonfly
-  Embrace
- Extended Butterfly
- Figurehead
- Flatline
- Genie
- Goddess
- Hip Hold
- Inside Leg Hang
- Inverted D
- Jackknife

HIGH INTERMEDIATE
15 moves

- Allegra
- Ballerina
- Brass Bridge
- Brass Monkey
- Caterpillar Climb
- Chest Press Butterfly
- Eros
- Foot Mount
- Gemini Climb
- Hang Glider
- Jade
- Leg Switch
- Shoulder Mount
- Sneaky V
- Torso Switch

ADVANCED
47 moves

- A-Frame
- Advanced Plank
- Aerial Shoulder Mount
- Archer
- Ayesha
- Batwing
- Bird of Paradise
- Broken Doll
- Cheeba Split
- Chopsticks
- Cocoon
- Cupid
- Dangerous Bird
- Daredevil
- Deathlay
- Dragontail
- Duchess
- Eagle
- Flag

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
0 moves	17 moves	13 moves	31 moves	15 moves	47 moves
			Jamilla		Flying K
			Jasmine		Fonji
			Mercury		Gargoyle
			Outside Leg Hang		Helix
			Poisson		Icarus
			Reiko Split		Iguana
			Remi Seat		Iron X
			Scissor Seat		Jallegra
			Side Saddle		Janeiro
			Stargazer		Knee Bocker
			Superman		Libellula
			Wrist Seat		Machine Gun
					Marion Amber
					Marley
					Meathook
					Phoenix
					Rainbow Marchenko
					Rocketman
					Russian Layback

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
0 moves	17 moves	13 moves	31 moves	15 moves	47 moves


Russian Split


Seahorse


Spatchcock


Starfish


Teddy


Tulip


Upright Sailboat


Vortex


Yogini