# Anne Level Map

Orlando, FL

Pole Level Mapper

## NEWBIE
0 moves

## LOW BEGINNER
17 moves

-  Attitude Spin
-  Back Hook
-  Body Rolls
-  Carousel Spin
-  Chair Spin
-  Cradle Spin
-  Dip Turn
-  Fireman Spin
-  Front Hook
-  Hollywood Spin
-  Juliet Spin
-  Knee Spin
-  Pirouette
-  Pole Walk
-  Rockstar Spin
-  Secretary Seat
-  Skater Spin

## HIGH BEGINNER
13 moves

-  Boomerang Spin
-  Climb
-  Fan Kick
-  Forearm Stand
-  Inverted Crucifix
-  Lady Seat
-  Martini
-  Reverse Grab
-  Side Climb
-  Snowflake
-  Straddle Invert
-  Upright Crucifix
-  Violator

## LOW INTERMEDIATE
26 moves

-  Aerial Straddle Invert
-  Air Walk
-  Baby Snake
-  Bee's Knees
-  Cross Ankle Layback
-  Cross Knee Layback
-  Dove
-  Dragonfly
-  Embrace
-  Figurehead
-  Flatline
-  Genie
-  Goddess
-  Hip Hold
-  Inside Leg Hang
-  Jamilla
-  Jasmine
-  Mercury
-  Outside Leg Hang

## HIGH INTERMEDIATE
20 moves

-  Allegra
-  Ballerina
-  Brass Bridge
-  Brass Monkey
-  Butterfly
-  Caterpillar Climb
-  Chest Press Butterfly
-  Eros
-  Extended Butterfly
-  Foot Mount
-  Gemini Climb
-  Hang Glider
-  Inverted D
-  Jackknife
-  Jade
-  Leg Switch
-  Poisson
-  Shoulder Mount
-  Sneaky V

## ADVANCED
47 moves

-  A-Frame
-  Advanced Plank
-  Aerial Shoulder Mount
-  Archer
-  Ayesha
-  Batwing
-  Bird of Paradise
-  Broken Doll
-  Cheeba Split
-  Chopsticks
-  Cocoon
-  Cupid
-  Dangerous Bird
-  Daredevil
-  Deathlay
-  Dragontail
-  Duchess
-  Eagle
-  Flag

| NEWBIE | LOW BEGINNER | HIGH BEGINNER | LOW INTERMEDIATE | HIGH INTERMEDIATE | ADVANCED |
|---|---|---|---|---|---|
| 0 moves | 17 moves | 13 moves | 26 moves | 20 moves | 47 moves |
| | | |  Reiko Split |  Torso Switch |  Flying K |
| | | |  Remi Seat | |  Fonji |
| | | |  Scissor Seat | |  Gargoyle |
| | | |  Side Saddle | |  Helix |
| | | |  Stargazer | |  Icarus |
| | | |  Superman | |  Iguana |
| | | |  Wrist Seat | |  Iron X |
| | | | | |  Jallegra |
| | | | | |  Janeiro |
| | | | | |  Knee Bocker |
| | | | | |  Libellula |
| | | | | |  Machine Gun |
| | | | | |  Marion Amber |
| | | | | |  Marley |
| | | | | |  Meathook |
| | | | | |  Phoenix |
| | | | | |  Rainbow Marchenko |
| | | | | |  Rocketman |
| | | | | |  Russian Layback |

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Russian Split


Seahorse


Spatchcock


Starfish


Teddy


Tulip


Upright Sailboat


Vortex


Yogini