Bethany Forbes Level Map

Prescott Valley, AZ

Pole Level Mapper

NEWBIE
44 moves

- Attitude Spin
- Ayesha
- Baby Snake
- Back Hook
- Bee's Knees
- Body Rolls
- Brass Bridge
- Brass Monkey
- Butterfly
- Chair Spin
- Cheeba Split
- Cross Knee Layback
- Dip Turn
- Dove
- Dragonfly
- Eros
- Extended Butterfly
- Fan Kick
- Figurehead

LOW BEGINNER
11 moves

- Carousel Spin
- Cradle Spin
- Gemini Climb
- Hollywood Spin
- Juliet Spin
- Knee Spin
- Leg Switch
- Rockstar Spin
- Secretary Seat
- Skater Spin
- Torso Switch

HIGH BEGINNER
9 moves

- Boomerang Spin
- Climb
- Inverted Crucifix
- Martini
- Reverse Grab
- Side Climb
- Snowflake
- Straddle Invert
- Violator

LOW INTERMEDIATE
8 moves

- Aerial Straddle Invert
- Air Walk
- Cross Ankle Layback
- Embrace
- Flatline
- Mercury
- Reiko Split
- Remi Seat

HIGH INTERMEDIATE
8 moves

- Allegra
- Ballerina
- Caterpillar Climb
- Chest Press Butterfly
- Foot Mount
- Hang Glider
- Jade
- Shoulder Mount

ADVANCED
43 moves

- A-Frame
- Advanced Plank
- Aerial Shoulder Mount
- Archer
- Batwing
- Bird of Paradise
- Broken Doll
- Chopsticks
- Cocoon
- Cupid
- Dangerous Bird
- Daredevil
- Deathlay
- Dragontail
- Duchess
- Eagle
- Flag
- Flying K
- Fonji

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
44 moves	11 moves	9 moves	8 moves	8 moves	43 moves
 Fireman Spin					 Gargoyle
Forearm Stand					 Helix
 Front Hook					 Icarus
 Genie					 Iguana
 Goddess					 Iron X
 Hip Hold					 Jallegra
 Inside Leg Hang					 Janeiro
 Inverted D					 Knee Bocker
 Jackknife					 Libellula
 Jamilla					 Marley
 Jasmine					 Meathook
 Lady Seat					 Phoenix
 Machine Gun					 Rainbow Marchenko
 Marion Amber					 Rocketman
 Outside Leg Hang					 Russian Layback
 Pirouette					 Russian Split
 Poisson					 Seahorse
 Pole Walk					 Spatchcock
 Scissor Seat					 Starfish

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
44 moves	11 moves	9 moves	8 moves	8 moves	43 moves
 Side Saddle					 Teddy
 Sneaky V					 Tulip
 Stargazer					 Upright Sailboat
 Superman					 Vortex
 Upright Crucifix					 Yogini
 Wrist Seat					