April Level Map

Hamlyn Terrace, NSW

Pole Level Mapper

NEWBIE
36 moves

- Ayesha
- Baby Snake
- Bee's Knees
- Brass Bridge
- Brass Monkey
- Butterfly
- Cheeba Split
- Cradle Spin
- Cross Knee Layback
- Dove
- Dragonfly
- Eros
- Extended Butterfly
- Fan Kick
- Figurehead
- Forearm Stand
- Genie
- Goddess
- Hip Hold

LOW BEGINNER
19 moves

- Attitude Spin
- Back Hook
- Body Rolls
- Carousel Spin
- Chair Spin
- Dip Turn
- Fireman Spin
- Front Hook
- Gemini Climb
- Hollywood Spin
- Juliet Spin
- Knee Spin
- Leg Switch
- Pirouette
- Pole Walk
- Rockstar Spin
- Secretary Seat
- Skater Spin
- Torso Switch

HIGH BEGINNER
9 moves

- Boomerang Spin
- Climb
- Inverted Crucifix
- Martini
- Reverse Grab
- Side Climb
- Snowflake
- Straddle Invert
- Violator

LOW INTERMEDIATE
8 moves

- Aerial Straddle Invert
- Air Walk
- Cross Ankle Layback
- Embrace
- Flatline
- Mercury
- Reiko Split
- Remi Seat

HIGH INTERMEDIATE
8 moves

- Allegra
- Ballerina
- Caterpillar Climb
- Chest Press Butterfly
- Foot Mount
- Hang Glider
- Jade
- Shoulder Mount

ADVANCED
43 moves

- A-Frame
- Advanced Plank
- Aerial Shoulder Mount
- Archer
- Batwing
- Bird of Paradise
- Broken Doll
- Chopsticks
- Cocoon
- Cupid
- Dangerous Bird
- Daredevil
- Deathlay
- Dragontail
- Duchess
- Eagle
- Flag
- Flying K
- Fonji

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
36 moves	19 moves	9 moves	8 moves	8 moves	43 moves


Inside Leg Hang


Inverted D


Jackknife


Jamilla


Jasmine


Lady Seat


Machine Gun


Marion Amber


Outside Leg Hang


Poisson


Scissor Seat


Side Saddle


Sneaky V


Stargazer


Superman


Upright Crucifix


Wrist Seat


Gargoyle


Helix


Icarus


Iguana


Iron X


Jallegra


Janeiro


Knee Bocker


Libellula


Marley


Meathook


Phoenix


Rainbow Marchenko


Rocketman


Russian Layback


Russian Split


Seahorse


Spatchcock


Starfish

NEWBIE	LOW BEGINNER	HIGH BEGINNER	LOW INTERMEDIATE	HIGH INTERMEDIATE	ADVANCED
36 moves	19 moves	9 moves	8 moves	8 moves	43 moves



Teddy



Tulip



Upright Sailboat



Vortex



Yogini